Health and wellness job market to surge in coming years

Chiropractic, acupuncture and massage therapy see especially high growth



The health and wellness field is booming with meaningful jobs with good pay, flexible schedules and a career

Are you looking for a fulfilling career that offers the opportunity to do well by doing good?

that gives you the daily satisfaction of knowing you're helping others feel their best. Healthy jobs, healthy growth

The U.S. Department of Labor projects healthcare employment to grow by 18 percent from 2016 to 2026, much faster than the average for all occupations,

adding about 2.4 million new jobs. Plus, 9 of the top 10 jobs on U.S. News & World Report's list of "The 100 Best Jobs" are focused on health and wellness. As the population ages and healthcare costs increase, complementary and

integrative forms of medicine are <u>surging in popularity</u>. In addition, many patients prefer natural and integrative care to surgery and prescription drugs--they see value in treatment that considers the whole person. Let's look at three health and wellness careers that are projected to be in particularly high demand for the next eight years.

programs available at Northwestern Health Sciences University (PDF).

Get a free 46-page Viewbook with info about the natural healthcare

any of the other occupational groups."

"Healthcare occupations are

projected to add more jobs than

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Overview

1. Chiropractor

Millions of Americans are discovering that simple and regular spinal adjustments can dramatically improve their comfort and quality of life. Members of the aging Baby-Boom generation in particular are living longer, more active lives. As many start to

develop neuromusculoskeletal and joint problems, they are turning to chiropractors for relief. According to the U.S. Centers for Disease Control and Prevention (CDC), 60 percent of chiropractic patients have health plans that cover treatments, and more people are insured now than ever. That means referrals. Lots of them. Which helps to explain

why chiropractors have one of the lowest unemployment rates in the nation at a scant 0.8 percent. Job market outlook

National average, all jobs 7% growth (U.S. Department of Labor)

Top 10%: \$141,030

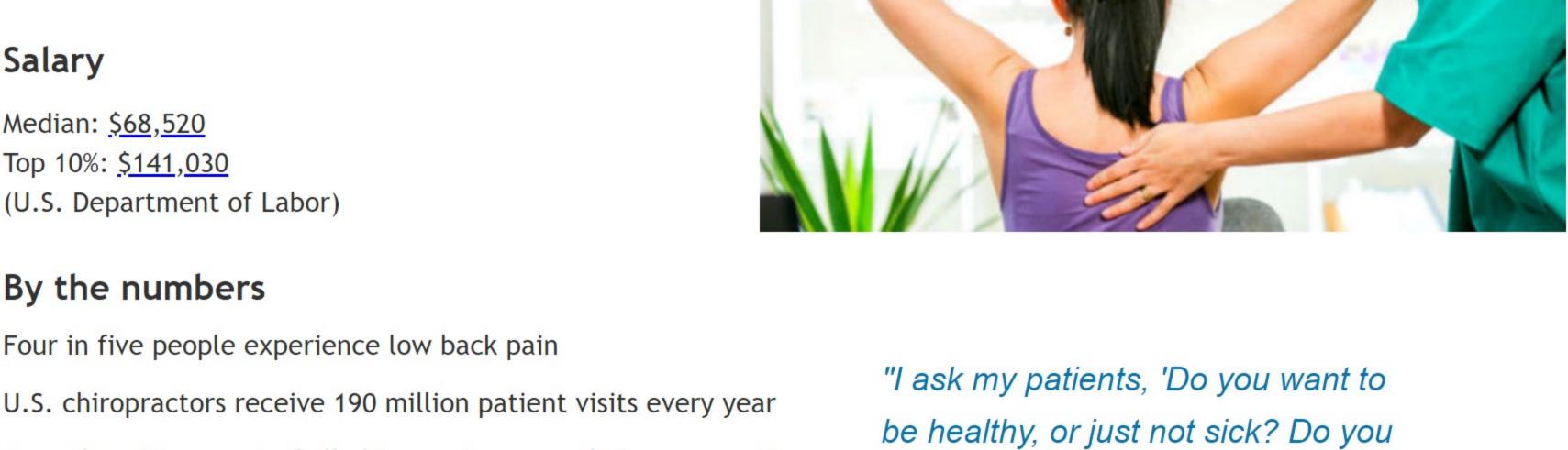
Chiropractors: 12% growth

Salary Median: \$68,520

(U.S. Department of Labor)

By the numbers Four in five people experience low back pain

More than 40 percent of all chiropractors own their own practices (Association of Chiropractic Colleges)



want to feel good, or just not bad?"

It's leading toward the positive, then

Dr. Juneau Robbins, graduate and owner of Cultural Chiropractic

you guide them step by step."

It's amazing to think that a 5,000-year-old practice is the fastest-growing field in medicine (World Health Organization). But a growing body of research shows that Chinese medicine helps alleviate common ailments such as migraines, allergies, arthritis,

2. Acupuncturist

asthma, digestive disorders, insomnia, respiratory problems, various forms of pain, even infertility--without expensive artificial

Overview

drugs or side effects. Acupuncturists instead rely on natural remedies such as plants, minerals and human touch, believing the key to freeing patients from disease is harmonizing with nature rather than conquering it.

Job Market Outlook Acupuncturists: 10-14% growth

Salary

Median: <u>\$74,530</u> Top 10%: \$135,950 (U.S. Department of Labor)

National average, all jobs 7% growth

Acupuncturists typically charge between \$65 and \$120 per session (The New York Times)

to 2012 (CDC)

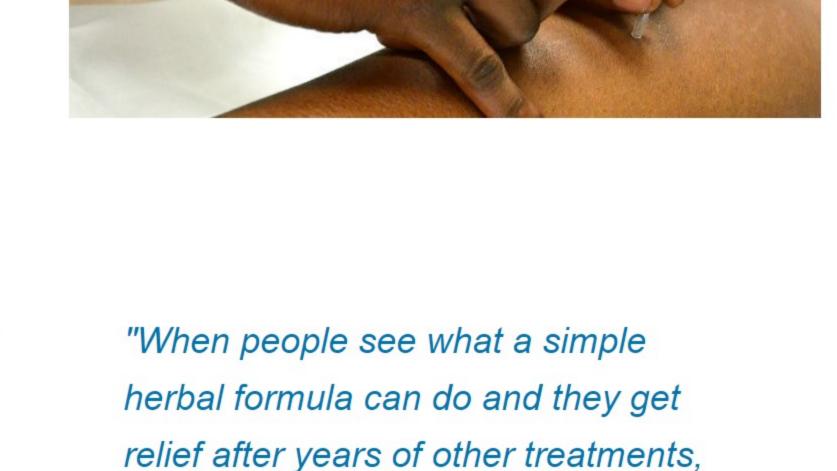
Overview

(WHO)

By the numbers

The use of acupuncture among U.S. adults rose 36% from 2002

Acupuncture is shown to help alleviate 128 common ailments



it really validates what we do."

Integrative Medicine

Chris Volesky, graduate and practitioner at Northeast Internal and

The best part of working in this fast-growing flexible field has to be the variety. Practitioners can learn more than 80 different types of massage treatments such as deep-tissue, acupressure, reflexology, orthopedic, Swedish and shiatsu. There's a massage

pain, carpal tunnel, high blood pressure, headaches, fibromyalgia, immune deficiencies and alcohol withdrawal. Keep in mind, many of those spas and fitness centers you see popping up on every street corner are looking for good massage therapists--the same goes for hospitals, retirement homes, sports teams, massage franchises, hotels, and cruise ships. Or, you can be your own

3. Massage Therapist

boss!

Salary

Median: \$39,860

Job market outlook Acupuncturists: 26% growth National average, all jobs 7% growth

art to ease anyone's pain, from athletes to the elderly, pregnant women to cancer patients, and manual laborers to desk jockeys.

Sure, massage relieves the stress we carry in our shoulders, but it's also commonly used to alleviate osteoarthritis, post-operative

Top 10%: <u>\$74,870</u> (U.S. Department of Labor)

(U.S. Department of Labor)

39.1 million U.S. adults receive massage services every year (American Massage Therapy Association)

By the numbers

Other growing healthcare fields

Median salary: \$159,770

Projected growth: 19%

Projected growth: 15%

Top 10%: \$208,000

Dentist

session (American Massage Therapy Association) Massage therapy was a \$12.1 billion industry in the U.S. in 2015 (IBIS World Industry Report)

Registered nurse Median salary: \$68,450 Top 10%: \$102,990

Median salary: \$101,480 Top 10%: \$142,210

Physician's assistant

Physical therapist Median salary: \$85,400 Top 10%: \$122,130

Projected growth: 28%

Projected growth: 37%

Median salary: \$50,930 Top 10%: \$61,720 Projected growth: 13%

Medical lab technician

Nutritionists and dieticians Median salary: \$58,920 Top 10%: \$82,410

Projected growth: 15%

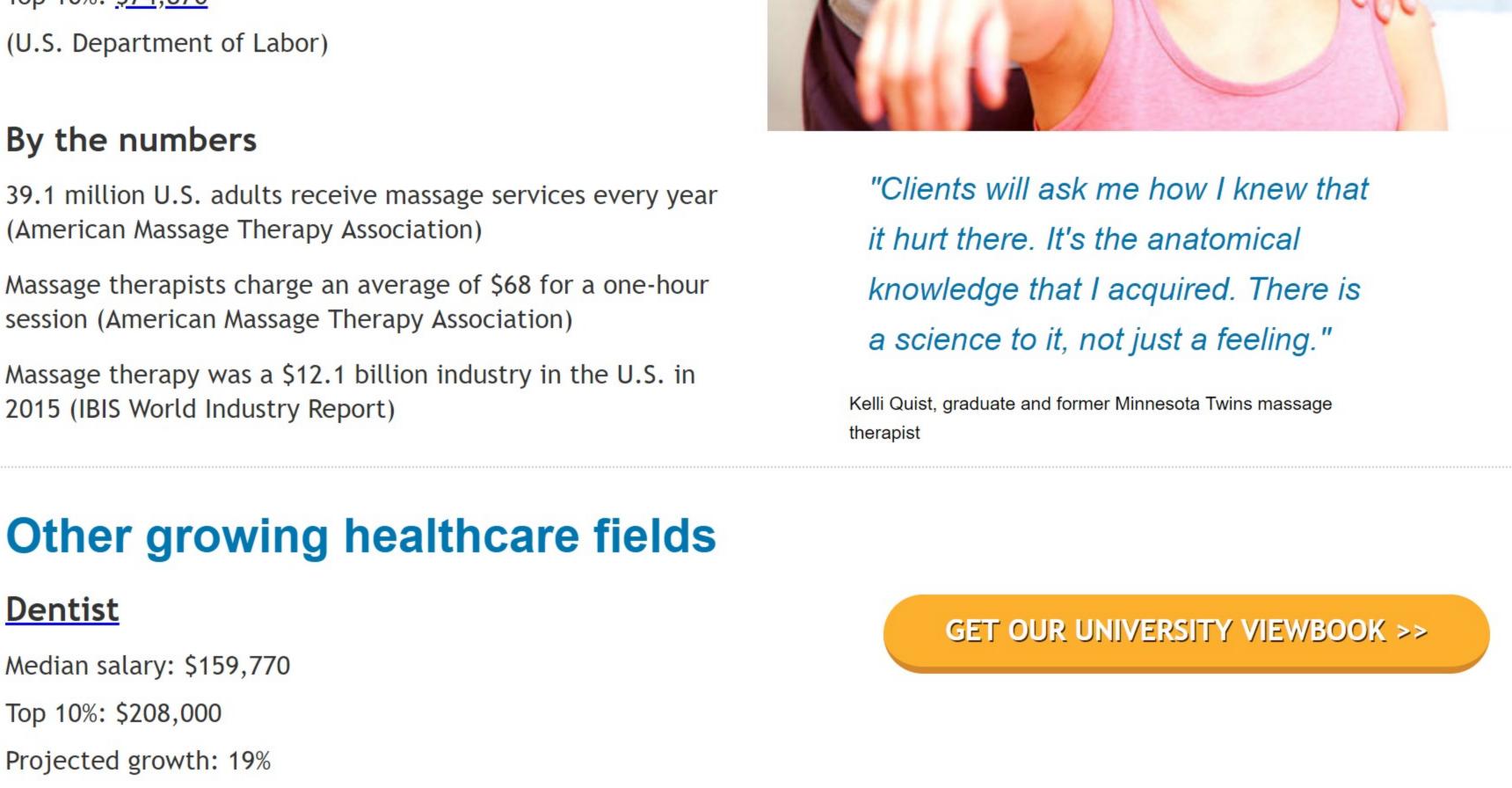
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